

## Cathay November 2016

[www.cathayradio.org](http://www.cathayradio.org)

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**Mission:** The Cathay Amateur Radio Club is basically an active social club of Ham Radio Operators and their spouses. We support local community requests for HAM emergency communications. Several of us are trained in CPR/ First Aid and are involved with community disaster preparedness.

**Monday Night Net Time:** 9 PM Local Time/PST, Frequencies: 146.67MHz -600KHz PL85.4 and 442.70 +5MHz PL 173.8. The repeaters are linked only during the CARC Monday night net.

Update: Link to repeater 442.70 is currently not active until further notice.

The CARC Monday night net is the best way to find out the latest club news.

All check-ins are welcome.

## Message from the President: George Chong, W6BUR

Hello CARC Members and Friends;

Yes we are at the home stretch of the end of the year. It has been a very interest month of October, 2016 with the SF Francisco Giants in the playoff, Columbus Day Parade, Fleet Week and other Bay Area activities. Although the SF Giants did not prevail in the playoffs, it had all had us holding our collective breaths; we will get them next year!

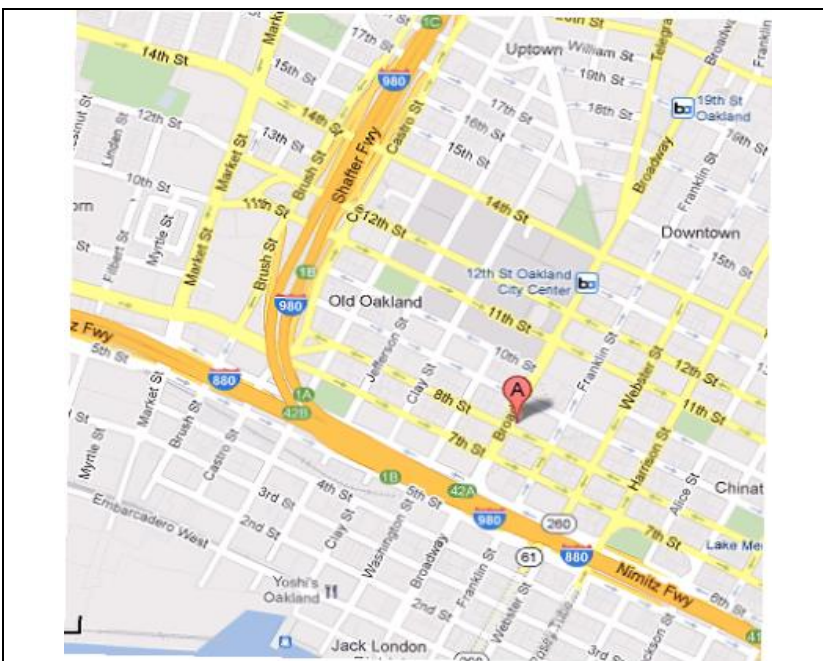
### **Veteran's Day Luncheon**

Please join us for the CARC annual luncheon celebration of Veteran's Day, 11am – 1pm on Friday November 11, 2016 at the restaurant below:

Buffet Fortuna  
800 Broadway Street  
Oakland, CA 94607  
(510) 839-1688

The restaurant is an all you can eat American, Japanese and Chinese seafood buffet style food. The cost is \$10.99 per person and for seniors it is \$9.99. All soft drinks, coffee and tea are included with the price plus tipping is optional. The dinning time is limited to 2 hours, however have never seen it enforced for the luncheon period. Of course it does help a lot that CARC member Gilbert Gin, (KJ6HKD) is with going to be with us and he has considerable influence with the restaurant owners. I am usually stuffed to the gills within the first hour of eating the delicious food. It is truly a bargain value luncheon.

Map of the restaurant location is shown below:



## **Tech Article Intro**

This is a harrow survival story of hunter lost in the wilderness. The human body normally cannot survive more than three days without water.

As you read the story, one cannot wonder: "If Only If He Had a Ham Radio" and had carried a few simple items (space blanket, water, energy bars, cough drops to keep his mouth moist and a jacket) with him.

The story is also a reminder that in many disaster scenarios a couple of HAM radio is an absolutely indispensable tool.

When (not if) the earthquake strikes the Bay Area, us HAMS will become indispensable to the community. So keep your HAM radios charged and make sure they are in good working order by calling into the CARC Monday night radio nets.

## **CARC Final Wrap-up News**

I wish all our CARC members and friends an upcoming joyful Thanksgiving Holiday.

I wish to thank our CARC members that set aside their valuable time to participate in our Monday night's nets.

Don't forget to keep your December 10<sup>th</sup> or 17<sup>th</sup> calendar clear (actual date is still up in the air and subject to change) for Edison's XMAS party that his family host for the CARC members and other local HAMS to enjoy. So please look out for the actual XMAS party date in next month's CARC December 2016 Newsletter. There will be nice raffle prizes this year, so make sure you attend otherwise you just might find a lump of coal in your XMAS stocking this year.....LOL.

Chat sub s'em to all you CARC members!

- George Chong, W6BUR.

## Public Service Announcements

### HAM CRAM / HAM Licensing

For upcoming HAM Licensing locations please refer to:

<http://www.arrl.org/find-an-amateur-radio-license-exam-session>

### Auxiliary Communications Service (ACS)

The Auxiliary Communications Service (ACS) was organized by the San Francisco Office of Emergency Services (OES) following the 1989 Loma Prieta Earthquake to support the communications needs of the City and County of San Francisco when responding to emergencies and special events.

The Auxiliary Communications Service holds General Meetings on the third Tuesday of each month at the San Francisco Emergency Operations Center, 1011 Turk Street (between Gough Street and Laguna Street), from 1900 hours to 2100 hours local time. All interested persons are welcome to attend.

The ACS Net begins at 1930 hours (7:30 p.m.) local time each Thursday evening, on the WA6GG repeater at 442.050 MHz, positive offset, tone 127.3 Hz. The purpose of this net is to practice Net Control skills, practice checking in with deployment status in a formal net, and to share information regarding upcoming ACS events. Guests are welcome to check in. ACS Members should perform Net Control duty on a regular basis. On the second Thursday of each month, the net will be conducted on the output frequency of the WA6GG repeater, 442.050 MHz no offset, tone 127.3 Hz, simplex.

For more information, please attend an ACS meeting or check in on a net, or call 415-558-2717.

Upcoming meetings: Tuesday 7pm, Oct 18, 2016  
Tuesday 7pm, Nov 15, 2016

### Gilbert Gin (KJ6HKD)

Free Disaster Preparedness Classes In Oakland:

<http://www.oaklandnet.com/fire/core/index2.html>

CORE is a free training program for individuals, neighborhood groups and community-based organizations in Oakland. The underlying premise is that a major disaster will overwhelm first responders, leaving many citizens on their own for the first 72 hours or longer after the emergency.

If you have questions about the recertification process, you may contact the CORE Coordinator at 510-238-6351 or [core@oaklandnet.com](mailto:core@oaklandnet.com).

## **Free Disaster Preparedness Classes In San Francisco – NERT Taught by San Francisco Fire Department (SFFD) - Upcoming events**

### **November 2016**

17<sup>th</sup> NERT/MRC Support citywide Public Health/Hospital exercise [Register](#)

### **NERT Classes Conducted in the Mission/Mission Dolores Neighborhood**

Dolores Park Church Hall  
455 Dolores Street

November 9, 6:00pm-9:30pm: Class 1  
November 16, 6:00pm-9:30pm: Class 2  
November 23 <<NO CLASS>>  
November 30, 6:00pm-9:30pm: Class 3  
December 7, 6:00pm-9:30pm: Class 4  
December 14, 6:00pm-9:30pm: Class 5  
December 21, 6:00pm-9:30pm: Class 6

RSVP to [sffdnert@sfgov.org](mailto:sffdnert@sfgov.org) or call 415-970-2024 to register.

Visit [www.sfgov.org/sffdnert](http://www.sfgov.org/sffdnert) to learn more about the training, other locations, and register on line. Upcoming Special NERT Events.

### **San Francisco Police Department: Auxiliary Law Enforcement Response Team (ALERT)**

The Auxiliary Law Enforcement Response Team (ALERT) is a citizen disaster preparedness program designed. The ALERT program is for volunteers 16 years of age or older, who live, work, or attend high school in San Francisco.

Graduates of the San Francisco Police Activities League (P.A.L) Law Enforcement Cadet Academy are also eligible to join.

ALERT volunteers will first complete the Fire Department's Neighborhood Emergency Response Team (NERT) ([www.sfgov.org/sfnert](http://www.sfgov.org/sfnert)) training and then graduate into an 8 hour Police Department course specifically designed for ALERT team members.

ALERT members will work closely with full-time and/or Reserve Police Officers in the

event they are deployed after a disaster. The Basic ALERT volunteer will have no law enforcement powers other than those available to all citizens.

### **SFPD ALERT Training**

The next ALERT training classes have been scheduled for TBD. The class will be held at the San Francisco Police Academy, in the parking lot bungalow, from 8am-5pm (one hour lunch break).

IMPORTANT- All participants must complete the background interview process in order to be eligible to attend the ALERT training class.

Eligible ALERT participants may register for a training class by contacting the ALERT Program Coordinator, Mark Hernandez, at [sfpdalert@sfgov.org](mailto:sfpdalert@sfgov.org), or by telephone at 415-401-4615.

### **SFPD ALERT Practice/Training Drill**

All active/trained ALERT members are asked to join us for our next training drill, scheduled for 7:00 pm – 10:30 pm Saturday November 5, 2016 evening. Details will be emailed to active ALERT members, prior to the date of the exercise. Participation is not required, but strongly encouraged.

For more information on the San Francisco Police Department ALERT Program, email us at [sfpdalert@sfgov.org](mailto:sfpdalert@sfgov.org), or call Sergeant Mark Hernandez (SFPD, Ret.), SFPD ALERT Program Coordinator, at (415) 401-4615.

For additional information on the web please refer to:

<http://sf-police.org/index.aspx?page=4019>

## Tech Article

<http://www.abc.net.au/news/2015-10-13/hunter-reg-foggerdy-missing-near-laverton-found-in-wa-goldfields/6849410>

# Lost hunter Reginald Foggerdy survived six days in remote bush by eating ants and lying under tree

Updated 13 Oct 2015, 7:16am Tue 13 Oct 2015, 7:16am



PHOTO: Reginald Foggerdy was wearing just a T-shirt, shorts and thongs when he was found by police. (Supplied: WA Police)

**A hunter who was lost in the remote West Australian Goldfields for almost a week without water survived by lying under a tree for days and eating ants.**

Reginald Foggerdy, 62, was found on Tuesday morning by Tactical Response Group (TRG) trackers who had been looking for him for the past six days.

Mr Foggerdy had been on a hunting trip 170 kilometres east of Laverton on Rason Lake Road, when he left the campsite he was sharing with his brother last Wednesday.

The alarm was raised by family members the next morning, [sparking a land and air search](#)

Superintendent Andy Greatwood said Mr Foggerdy was found 15 kilometres from his camp site and was not well.

"[He was] extremely dehydrated, a bit delusional, but he's received treatment, first aid, on the ground and it's fair to say he's now sitting up and talking, so it's looking very positive," he told 720 ABC Perth.

"His last couple of days of survival were achieved by lying down under a tree and eating black ants, so that's the level of survival that Mr Foggerdy has gone to.

"[He had] no water whatsoever for six days."

Superintendent Greatwood said Mr Foggerdy had been hunting a camel when he became lost.

"He only had shorts and a T-shirt, a cap and thongs with him," he said.

"He didn't have any equipment. It was just the circumstances of how he had gone out taking off after a camel and then became disorientated and lost.

"[He had] fantastic survival skills.

"Obviously it will emerge how it did that and how he achieved that, but it's fair to say it's been extremely hot, extremely remote and most people would not have survived so he's done a fantastic job."

Last week local Indigenous trackers found a footprint of Mr Foggerdy's near the campsite which was the starting point for the initial search.

Police trackers had a breakthrough when Mr Foggerdy lost one of his thongs on Monday afternoon and began leaving more distinct footprints for them to follow.

The Royal Flying Doctor Service took Mr Foggerdy to a Kalgoorlie hospital this morning where he is being treated for dehydration and is in a stable condition.

## **Wife cried after 'miracle' survival without food and water**

Mr Foggerdy's wife Arlyn said she cried when she heard he had been found alive.

"How you can survive without water and food is a miracle," she said.

His sister, Christine Ogden, said she was "over the moon" to hear her brother had been found.

"He's not very well obviously, he needs a lot of medical intervention, but it's the best outcome we've had," she said.



"My concern was up and down; I'd feel like they'd find him one day and then they wouldn't find him the next.

"But I went to bed last night and said to myself they're going to find him today, and they did.

"His son is overwhelmed, he doesn't know how to respond. It's amazing."

Search crews looking for Mr Foggerdy [found footprints in the area on the weekend](#) and [fresh tracks were discovered by the TRG trackers on Monday](#).



[Photo: Mr Foggerdy was severely dehydrated when he was found. \(Supplied: WA Police\)](#)

Mr Foggerdy had taken a rifle on the hunting trip, but was not believed to have been carrying food or water supplies.

However Mr Foggerdy's family described him as an experienced bushman.

"He loves to camp and hunt, that was his recreational time," Ms Ogden said.

"He retired from mining and his youngest son's 12, so he spends a lot of time with him, to and from school with his son, and just to get away on a holiday with his brother was the thing he loved mostly.

"I'm going to get him to get a satellite phone."



[Photo: Mr Foggerdy was transferred to Kalgoorlie by the Royal Flying Doctor Service. \(ABC Goldfields: Sam Tomlin\)](#)